Bowspring ATX

Weekly Class Schedule

All classes are online · Book at bowspringatx.com

DAY	TIME (CT)	CLASS	TEACHER	LENGTH
Monday	9:30 AM	Bowspring Basics Online	Bonnie	75 min
	11:15 AM	Bowspring Flow Level 2 Online	Annie	30 min
	9:00 PM	Mirror and Move Online	Tara	75 min
Tuesday	9:30 AM	Bowspring Level 1 Online	Keren	75 min
Wednesday	9:30 AM	Bowspring Level 2 Online	Keren	75 min
	11:15 AM	Grow your Bow Level 1.5 Online	Tara	30 min
Thursday	9:30 AM	Bowspring Elementals Online	Tara	75 min
Friday	9:30 AM	Bowspring Level 1 Online	Tara	75 min
	11:15 AM	Bowspring Level 2 Online	Annie	75 min
Saturday	9:30 AM	Bowspring Level 1 Online	Bonnie	75 min
Sunday	9:30 AM	Bowspring Level 2 Online	Keren	75 min

All times are Central Time (CT).

MONTHLY

Playground Class Level 3 Online

Second Monday · 12:00 PM · 90 min

Mon, Nov 9	Mon, Dec 14	Mon, Jan 11	Mon, Feb 8
12:00 PM · Annie	12:00 PM · Keren	12:00 PM · Tara	12:00 PM · Bonnie